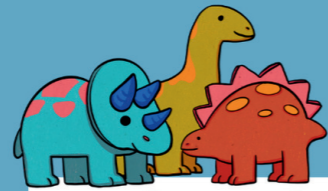


What's On?
Spring Term
2025

Central Halifax
Family Hubs



Easter Holiday Activities

Week 1 - Dinosaur ROAR!

Tuesday 8th April - 1:15 pm – 2:45 pm
Little Stars Family Hub, Parkinson Lane, HX1 3XL

Wednesday 9th April - 10:30 – 12:00 noon
Boothtown Family Hub, Boothtown, HX3 6PU

Thursday 10th April - 1.15 - 2.45 pm
Todmorden College Hall, Burnley Road, Todmorden

Week 2 - Mini Beasts

Tuesday 15th April – 1:15 pm – 2:45 pm
St Paul's Methodist Church Hall, Sowerby Bridge, HX6 2EQ

Wednesday 16th April – 1:15 pm - 2:45 pm
Todmorden College Hall, Burnley Road, Todmorden

Thursday 17th April – 10:30 am – 12 noon
Little Stars Family Hub, Parkinson Lane, HX1 3XL

Lots of FREE fun for families with children aged 0 - 8 years old including craft, sensory and messy play activities. For more information call us on 01422 252022 or 01706 399970.

children & families

Face painting will be available at some events with a small charge of 50p per child



Family Group

Come and join us for lots of free and fun activities for all the family! Suitable for families with children aged 0-8 years old. There will be creative activities, messy play, games, music and more! Don't forget Dads and male carers can come along too!

Every 2nd Saturday of the month 10 am -12 noon

Saturday 11th January 2025

Saturday 8th March 2025

@ Little Stars Family Hub, Parkinson Lane, Halifax, HX1 3XL

All children must be accompanied by an adult. For more information please call Little Stars Family Hub on 01422 252022.



Breastfeeding

Come along and join us in a relaxed and friendly environment where you can access information around getting breastfeeding off to a good start, or maybe just to socialise and have a general chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Tuesday 12:00noon - 1:30pm @ Jubilee Family Hub, Lightowler Road, HX1 5NB

Wednesday 10:00am -11:30am @ Boothtown, Rawson Street North, HX3 6PU

Thursday 10:00am -12:00noon @ 2nd Floor Todmorden's Health Centre, Lower George Street, Todmorden, OL14 5RN

Friday 1:00pm -2:00pm via Zoom – Call 01706 399970 to be sent a link



Family Hubs

Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley.

For more information please contact Kausar Shahid, Community Advancement Manager on 01422 342552



Speech and Language Support Group

Are you worried about your child's speech?

Do you know that our Family Hubs run specific Speech and Language groups to support children who are struggling with early language? The Group is run by an Early year's practitioner and qualified Speech and language Champion, who can suggest strategies to promote your child's communication and language development, as well as support with referral forms to a Speech and Language Therapist.

For families with children aged 2 - 5

For more information please
Email: Farzana.kousar@regen.org.uk

OR call:

01422 252022



February Half Term

Come and join us this half term and enjoy our 'Winter Farm' themed play!

Tuesday 18th February, 1:15 pm – 2:45 pm

Boothtown Family Hub, Rawson Street North, HX3 6PU

Wednesday 19th February, 1:15 pm – 2:45 pm

Todmorden College Hall, Burnley Road, OL14 7BX

Thursday 20th February, 10:30 am – 12:00 noon

St Paul's Methodist Church, Sowerby Bridge, HX6 2EQ

Lots of fun, FREE and exciting craft, messy and physical activities for families with children aged 0 – 8 years old

For more information call:
01422 252022 or
01706 399970

No need to book - just turn up!



Face painting will be available at some events with a small charge of 50p

children & families

Central Halifax Family Hubs Spring Wall Planner 2025

Group Descriptions	Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Group Descriptions			
<p>Baby Group (0-24 months): A weekly supportive group with lots of fun activities to support baby's development.</p> <p>Family Group: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more!</p> <p>Breastfeeding Groups (virtual and face-to-face): For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.</p> <p>Friends Group: Join us and other parents, while your child is looked after by Early Years experts, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more. To find out more and book your place please call: 01422 342552.</p> <p>Latch Clinic: The Latch Clinic has been set up to offer support if you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.</p> <p>Stay and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.</p> <p>Support Along the Spectrum: 6 week programme aimed at supporting families where neurodiversity is a factor.</p>	<p>Jubilee Lightowler Road, Halifax, HX1 5NB 01422 342552</p>	<p>Family Support Book-In 9:00 am – 1:00 pm Appointment only</p> <p>Stay and Play 1:30 pm - 3:00 pm Just come along, no need to book (term time only)</p>	<p>Baby Group 9:30 am - 11:00 am Just come along, no need to book</p> <p>Breastfeeding Group 12 noon - 1:30 pm Just come along, no need to book</p>	<p>Family Support Book-in with Czech language support 1:00 pm - 5:00 pm Appointment Only</p>	<p>Baby Clinic 9:00 am – 5:00 pm Appointment only Call Locala on 03003045076</p> <p>Latch Clinic To book an appointment call Locala on 03003045076</p> <p>Well Baby Drop-in Clinic 9:30 am - 11:30 am (Last entry 11:30 am) Baby weighing, advice, support</p>	<p>Stay and Play 9:30 am - 11:00 am Just come along, no need to book (term time only)</p> <p>Family Support Book-in 9:30 am - 12:30 pm Appointment only Specifically for residents of Park Ward who are seeking support with housing or benefits</p>	<p>Baby Clinic: Meet your health visitor for baby weighing or to discuss your baby's health. Appointment only. Please call Locala on: 0300 3045076.</p> <p>Family Support Book-in: You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01422 434971.</p> <p>Strengthening Families, Strengthening Communities: Come and join our 13 week accredited parenting programme where we discuss child development, improving relationships and positive behaviour management techniques. Please call 01422 434971 for more information.</p> <p>Fun4Youths: A weekly (term time only) youth group for children aged 7 - 11 years, To find out more please call Farzana Kousar on 01422 252022 or email farzana.kousar@regen.org.uk for a referral form.</p> <p>For Midwife appointments and non-urgent enquiries/first point of contact/newly pregnant call 01484 355754 between 9 am – 5 pm Monday– Friday. To register your pregnancy please visit: www.mypregnancynotes.com To contact the Health Visiting Team, call 0300 3045076</p>			
	<p>Boothtown Rawson Street North, Boothtown, HX3 6PU 01422 250365</p>			<p>Baby Clinic 9:00 am - 1:00 pm Appointment only. Call Locala 03003045076 ALTERNATIVE WEEKS</p> <p>Breastfeeding Group 10:00 am - 11:30 am Just come along, no need to book</p>	<p>Stay and Play 9:15 am - 10:45 am Just come along, no need to book (term time only)</p>	<p>Baby Group 1:00 pm - 2:30 pm Just come along, no need to book</p>	<p>Baby Clinic 12:30 pm - 3:00 pm Appointment only Please call Locala on 03003045076 ALTERNATIVE WEEKS</p>	<p>Baby and Toddler Group 9:30 am - 11:00 am Open to children aged 0 - 5 years Just come along, no need to book (term time only)</p>		
	<p>Siddal Backhold Lane, Siddal, HX3 9DL 01422 291464</p>			<p>Baby Clinic 12:30 pm - 3:00 pm Appointment only Please call Locala on 03003045076 ALTERNATIVE WEEKS</p>	<p>Stay and Play 9:30 am - 11:00 am Open to children aged 0 - 5 years Just come along, no need to book (term time only)</p>		<p>Baby Clinic 9:30 am – 3:00 pm Appointment only Call Locala 0300 3045 076</p> <p>Baby Group 1:30 pm - 3:00 pm Just come along, no need to book</p>	<p>Stay and Play 1:30 pm - 3:00 pm Just come along, no need to book (term time only)</p> <p>Fun4Youths Youth Group 4:00pm – 6:00pm (term time only) please see group description</p> <p>Strengthening Families, Strengthening Communities 9:30am -12:30pm Settling in creche 15th Jan 9:30-10:30am, commences 22nd Jan -14th May 2025 (term time only)</p>	<p>Friends Group 6 week course with creche, for more information call 01422 434971</p> <p>Support Along the Spectrum 9:00 am – 12:30 pm Starts 9th January 2025 for 6 weeks finishing on 13th February. Please contact 01422 434971 for more information or to book a place.</p>	
	<p>Little Stars Parkinson Lane, Halifax, HX1 3XL 01422 252022</p>	<p>Health Visitor Clinic 9:30 am - 2:30 pm Appointment only Call Locala on 03003045076</p> <p>Family Support Book-in 1:00 pm - 5:00 pm Appointment only</p>	<p>Baby Clinic 9:30 am – 3:00 pm Appointment only Call Locala 0300 3045 076</p> <p>Baby Group 1:30 pm - 3:00 pm Just come along, no need to book</p>	<p>Stay and Play 1:30 pm - 3:00 pm Just come along, no need to book (term time only)</p> <p>Fun4Youths Youth Group 4:00pm – 6:00pm (term time only) please see group description</p> <p>Strengthening Families, Strengthening Communities 9:30am -12:30pm Settling in creche 15th Jan 9:30-10:30am, commences 22nd Jan -14th May 2025 (term time only)</p>	<p>Friends Group 6 week course with creche, for more information call 01422 434971</p> <p>Support Along the Spectrum 9:00 am – 12:30 pm Starts 9th January 2025 for 6 weeks finishing on 13th February. Please contact 01422 434971 for more information or to book a place.</p>	<p>Saturday</p> <p>Family Group Alternate Venues See flyer overleaf 2nd Saturday of every month 10:00 am - 12 noon (0 - 8 years)</p>	<p>Fun4Youths: A weekly (term time only) youth group for children aged 7 - 11 years, To find out more please call Farzana Kousar on 01422 252022 or email farzana.kousar@regen.org.uk for a referral form.</p> <p>For Midwife appointments and non-urgent enquiries/first point of contact/newly pregnant call 01484 355754 between 9 am – 5 pm Monday– Friday. To register your pregnancy please visit: www.mypregnancynotes.com To contact the Health Visiting Team, call 0300 3045076</p>			

As part of the Family Hubs Safeguarding policy mobile phones, cameras or any recording equipment are not to be used whilst in the Family Hub reception and waiting areas, or in any of the Family Hubs groups, creches, nursery settings, or in any of the outdoor areas - including the Outback Garden and the Outback Kitchen. Thank you for your cooperation.