



What's On?
Spring Term
2025

Upper Valley
Calder Valley
Family Hubs



Family Hubs Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley,

For more information please contact Kausar Shahid, Community Advancement Manager on 01422 342552



Breastfeeding

Come along and join us in a relaxed and friendly environment where you can access information around getting breastfeeding off to a good start, or maybe just to socialise and have a general chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Tuesday 12:00noon - 1:30pm @ Jubilee Family Hub, Lightowler Road, HX1 5NB
Wednesday 10:00am - 11:30am @ Boothtown, Rawson Street North, HX3 6PU
Thursday 10:00am - 12:00noon @ 2nd Floor Todmorden's Health Centre, Lower George Street, Todmorden, OL14 5RN
Friday 1:00pm - 2:00pm via Zoom - Call 01706 399970 to be sent a link



Family Group

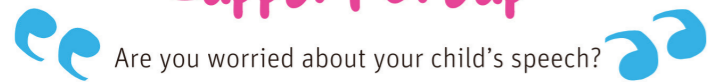
Come and join us for lots of free and fun activities for all the family! Suitable for families with children aged 0-8 years old. There will be creative activities, messy play, games, music and more! Don't forget Dads and male carers can come along too!

2nd Saturday, alternate months 10 am -12 noon
8th February 2025 @ Todmorden Family Hub, OL14 7BX
12th April 2025 @ Todmorden Family Hub, OL14 7BX

All children must be accompanied by an adult. For more information please call Todmorden Family Hub on 01706 399970.



Speech and Language Support Group



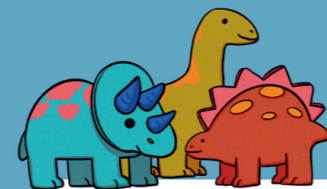
Are you worried about your child's speech?

Do you know that our Family Hubs run specific Speech and Language groups to support children who are struggling with early language?

The Group is run by an Early year's practitioner and qualified Speech and language Champion, who can suggest strategies to promote your child's communication and language development, as well as support with referral forms to a Speech and Language Therapist.

For families with children aged 2 - 5

For more information please call:
01706 399970



Easter Holiday Activities

Week 1 - Dinosaur ROAR!

Tuesday 8th April - 1:15 pm - 2:45 pm
Little Stars Family Hub, Parkinson Lane, HX1 3XL

Wednesday 9th April - 10:30 - 12:00 noon
Boothtown Family Hub, Boothtown, HX3 6PU

Thursday 10th April - 1.15 - 2.45 pm
Todmorden College Hall, Burnley Road, Todmorden

Week 2 - Mini Beasts



Tuesday 15th April - 1:15 pm - 2:45 pm
St Paul's Methodist Church Hall, Sowerby Bridge, HX6 2EQ

Wednesday 16th April - 1:15 pm - 2:45 pm
Todmorden College Hall, Burnley Road, Todmorden

Thursday 17th April - 10:30 am - 12 noon
Little Stars Family Hub, Parkinson Lane, HX1 3XL



Lots of FREE fun for families with children aged 0 - 8 years old including craft, sensory and messy play activities. For more information call us on 01422 252022 or 01706 399970.

Face painting will be available at some events with a small charge of 50p per child

February Half Term

Come and join us this half term and enjoy our 'Winter Farm' themed play!

Tuesday 18th February, 1:15 pm - 2:45 pm
Boothtown Family Hub, Rawson Street North, HX3 6PU
Wednesday 19th February, 1:15 pm - 2:45 pm
Todmorden College Hall, Burnley Road, OL14 7BX
Thursday 20th February, 10:30 am - 12:00 noon
St Paul's Methodist Church, Sowerby Bridge, HX6 2EQ

Lots of fun, FREE and exciting craft, messy and physical activities for families with children aged 0 - 8 years old

For more information call:
01422 252022 or
01706 399970

No need to book - just turn up!



Face painting will be available at some events with a small charge of 50p

Upper Calder Valley Family Hubs

* Spring Wall Planner 2025 *

Group Descriptions

Baby Group (0-24 months): A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along!

Family Group: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more! Runs on alternate Saturdays.

Breastfeeding Groups (virtual and face-to-face): For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

Friends Group: Join us and other parents, while your child is looked after by Early Years experts, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more. Classes take place each week for five weeks. To find out more and book your place please call: 01706 399970.

The Latch Clinic: The Latch Clinic has been set up to offer support if you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.

Hub

Monday

Tuesday

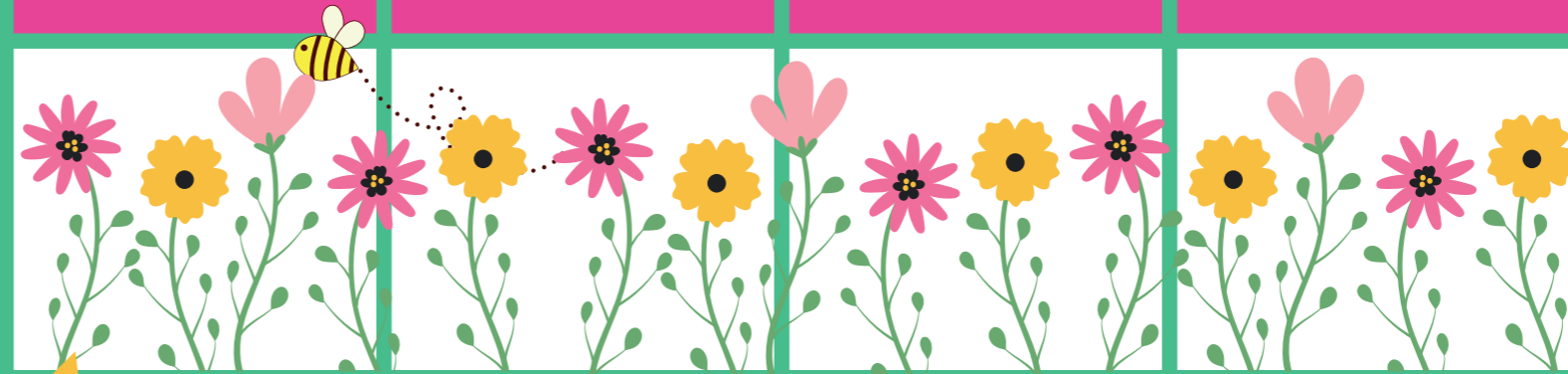
Wednesday

Thursday

Friday

Mytholmroyd
St Michael's Church Hall,
Church Street,
Mytholmroyd,
HX7 5DS

Baby & Toddler Group
term-time only
1:30 pm - 3:00 pm
Just come along
No need to book
(0-5 years)



Todmorden
Todmorden Family Hub, Todmorden Learning Centre and Community Hub
Burnley Road,
Todmorden,
OL14 7BX
Tel: 01706 399970

Friends Group
9:30 am - 11:00 am
Todmorden Learning Centre & Community Hub
5 week course with creche.
Call 01706399976 for more details



NEW
Circle of Security Parenting
Todmorden Learning Centre & Community Hub
BRAND NEW! Join us for a free 8-week course for care givers of children aged 4 months to 6 years to help connect with your children. Find out when our next course is running by contacting the Family Support and Outreach Team at: Todmorden Family Hub: 01706 399976 or by sending us an email at: familyhubs@regen.org.uk

Stay & Play term-time only
Todmorden Health Centre
1:30 pm - 3:00 pm
Just come along
No need to book
(0-5 years)

The Latch Clinic
9:30 am - 4:30 pm
Appointment only
Please call Locala on 03003045076

Strengthening Families Strengthening Communities –
Todmorden Learning Centre & Community Hub
13 week parenting course with creche – call 01706399976 for delivery details



Breastfeeding Group
Todmorden Health Centre
10:00 am - 12 noon
No need to book, just come along.

Support Along the Spectrum
Todmorden Health Centre
4:30 pm – 5:30 pm
09/01/25 for 6 weeks finishing 13/02/25

NEW
Thriving Children Thriving Families
Todmorden Health Centre
4:30 pm – 5:30 pm
06/03/25 for 6 weeks finishing 10/04/25

Baby Group
Todmorden Health Centre
9:30 am - 11:00 am
No need to book, just come along (0 - 2 years)

Baby Clinic
Todmorden Health Centre
drop-in
9:00 am - 11:00 am

Breastfeeding Group (via 'Zoom')
1:00 pm - 2:00 pm
Please call 01706 399970 to be sent a link

Saturday
Family Group
See flyer over leaf
2nd Saturday, alternate months.
10:00 am - 12 pm
No need to book, just come along (0-8 years)

Group Descriptions

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.

Thriving Children Thriving Families: 6 week programme aimed at supporting families of children and young people living with emotional and mental health needs. All parents are welcome to attend and we offer a play and learn environment for primary aged children to come along too.

Strengthening Families, Strengthening Communities: This course focuses on improving relationships within the family as well as tried and tested strategies for improving behaviour and helping your child reach their full potential. Please contact our team on 01706 399976 for more info.

Support Along the Spectrum: 6 week programme aimed at supporting families where neurodiversity is a factor. All parents welcome to attend, play and learn environment for primary aged children to come along too.

Circle of Security Parenting
By the end of the course you will learn to understand your child's emotions, support them to manage their emotions, enhance their self-esteem, help your child to form secure attachment to you.