

Calderdale Infant Feeding Strategy 2024 - 2029

We want Calderdale babies to have the best start in life.



Calderdale is a place that encourages, nurtures, and protects breastfeeding. Supporting families, however they decide to feed their baby.

Our goal



We've heard from you, and our four Community Researchers (mums trained from local communities) have listened to your stories of:

- what matters
- what helps mums to breastfeed
- how infant feeding support can be better
- what support is missing.



We took what you told us and worked with Professor Amy Brown (an expert in infant feeding) to write our new **Calderdale Infant Feeding Strategy**.

It sets out how organisations will work together over the next five years to support parents with their infant feeding choices.



Our 5 Priorities

Choice ➡ To make sure families can choose the infant feeding support they need, at the right time.

Wellbeing ➡ To support the wellbeing of new parents and help them transition to parenthood.

Breastfeeding ➡ To promote breastfeeding with families and communities.

Training ➡ To make sure the staff working with families before, during and after pregnancy take part in training and development.

Spaces ➡ To develop breastfeeding friendly spaces where women and families feel comfortable.

To read the full Strategy or to find out more about Infant Feeding scan here:



calderdalefamilyhubs.org.uk

Infant feeding can be:

Breastfeeding ↓



Expressing breast milk ↓



Pumping breast milk ↓



Combination feeding

breastmilk and formula milk ↓



Formula feeding ↓



Weaning introducing solid foods ↓

