

## Additional help and support

### Autism and ADHD support

#### National Autistic Society

Large national charity covering all aspects of autism, including co-occurring conditions.

#### West Yorkshire Healthier Together: What is Neurodiversity

Guide to understanding neurodiversity and neurodivergence, available in multiple languages and speech to text option.

#### ADHD UK

Extensive information about ADHD, including videos.

### Whole family support

#### Calderdale Branch National Autistic Society

Local youth and family support groups, as well as local information.

#### Early Help Hub

A variety of community-based services to support families and young people. These include activities, services and groups in the local area.

#### Healthy Futures School Nursing Team

Supports physical and emotional wellbeing of children and young people. Provides advice on issues including complex needs. The team can also refer to other services.

#### West Yorkshire ADHD Support Group

Groups, activities and support for children, young people and their families in the local and wider area.

#### Silvercloud ADHD programmes

Two online programmes, one for those aged 14 and over, and one for families, around living well with ADHD. Suitable for those on a waiting list or diagnosed.

#### Calderdale Neurodivergent Hub

In-person activities and support services for neurodivergent people aged 16+, with or without diagnosis.

#### Northpoint's YouTube Channel

A wide assortment of videos and recorded workshops covering in-depth information around neurodivergence, mental wellbeing, and safety advice.

## Parent and carer support

### Unique Ways

Advice, support groups and practical services for parents/carers of children who are disabled or have additional needs.

### Focus4Hope

Runs fortnightly meet up sessions for parental support in Brighouse.

### Contact

Advice on benefits, EHCPs and a 'listening ear' service for peer support.

### Wayfinder

Stainland-based coffee mornings for family support and sharing of views.

## Early years

### Locala Health Visiting Team

Support and advice for families of children aged 0-4, via specially qualified nurses and midwives.

## Education

### Calderdale SENDIASS

Impartial and confidential legal advice for parents of children with SEND around Education, Health and Social Care.

### Calderdale Specialist Inclusion Team

SEND professionals who work with those aged 0-19 and their schools/educational placements to ensure needs are met.

### IPSEA

SEND law charity providing direct advice to families. Courses, training packages, and a range of free resources including template letters.

### Autism Education Trust: Parent Guide for Working Together With Your Child's School

A practical document to support conversations with your child's school around their educational needs.

## Specialist services and advice

### The Brunswick Centre: LGBTQ+ yOUth Service

Groups and one-to-one support for young people aged 13 and over, and family support/courses.

### OneAdoption

Support for adoptive families.

### Special Guardianship Support

Information, resources and peer links for those who are guardians.

### Calderdale Children Looked After Services

Local resources for children who are looked after, including rights and information for those at risk of homelessness.

### Calderdale Early Help

A range of local services which include youth justice/liaison and diversion, addiction and substance misuse, and domestic abuse.

### BEAT: Eating Disorders and Autism

Information and guidance on supporting autistic needs in combination with an eating disorder. Advice on ensuring appointments around this are accessible.